



## Lesson 179

suntan	[ˈsʌntæn]
get a (sun)tan	
sunbathe	[ˈsʌnbet̩]
sunshine	[ˈsʌnʃaɪn]
seaside	[ˈsiːsaɪd]
frequently	[ˈfriːkwəntli]

What do you get when you sunbathe in the sunshine?

When you **sunbathe** in the **sunshine**, you get a **suntan**.

Do you get a (sun)tan easily?

Yes, I get a **(sun)tan** easily.  
*or:* No, I don't get a **(sun)tan** easily.

Where do people usually go when they want to sunbathe?

People usually go to the **seaside** when they want to **sunbathe**.

How frequently do you sunbathe at the seaside?

I **sunbathe** at the **seaside** *once a year*.

Can it be dangerous for your skin if you sunbathe too frequently?

Yes, it can be dangerous for your skin if you **sunbathe** too **frequently**.

spoil / spoilt / spoilt	[spɔɪl / spɔɪlt / spɔɪlt]
satisfaction	[sætɪsˈfækʃn]

Have you ever spoilt anyone's birthday party?

Yes, I've **spoilt** someone's birthday party.  
*or:* No, I've never **spoilt** anyone's ...  
*I forgot to bring the birthday present.*

How? What happened?

How can grandparents sometimes spoil their grandchildren?

Grandparents can sometimes **spoil** their grandchildren by *giving them too many sweets and toys*.

What can sometimes spoil a customer's satisfaction?

*The fact that one could get a better price somewhere else* can sometimes **spoil** a **customer's satisfaction**.



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